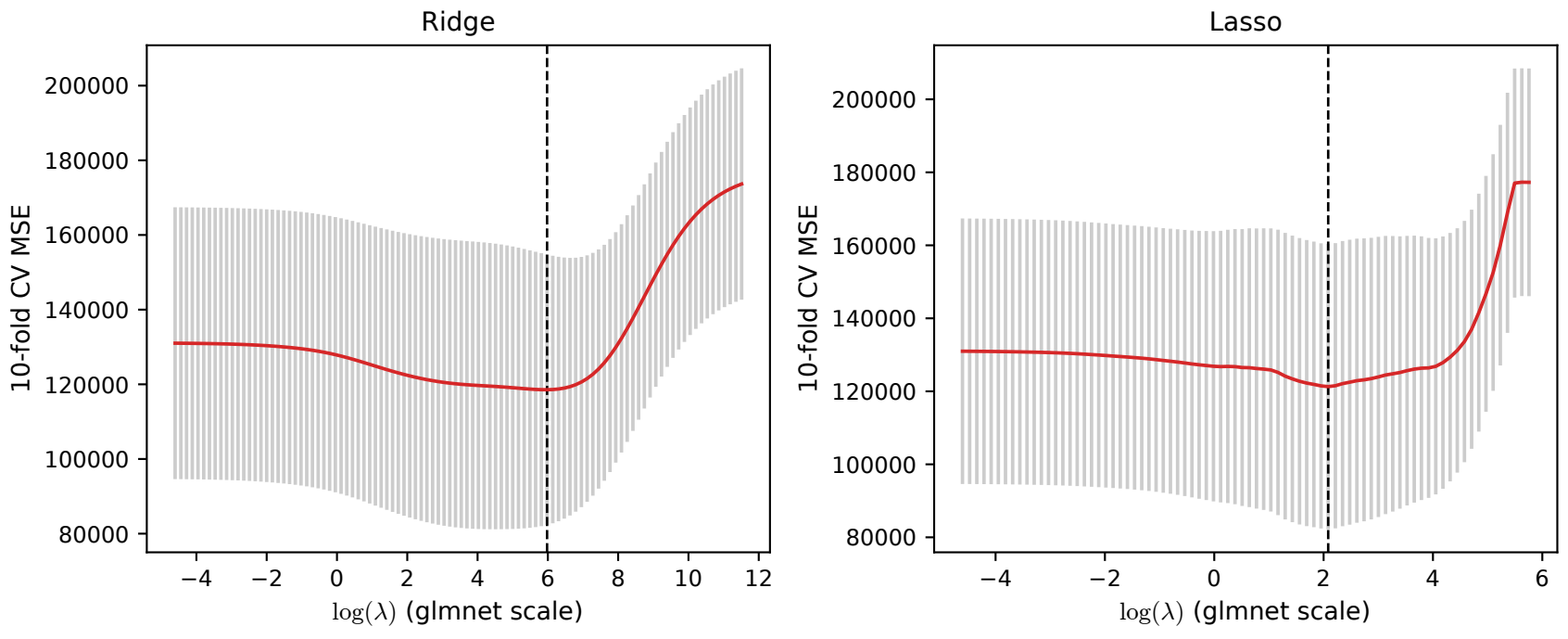

Ridge
Lasso
10-fold CV MSE
200000
180000
160000
140000
120000
100000
80000
−4
−2
0
2
4
6
8
10
12
log(λ) (glmnet scale)