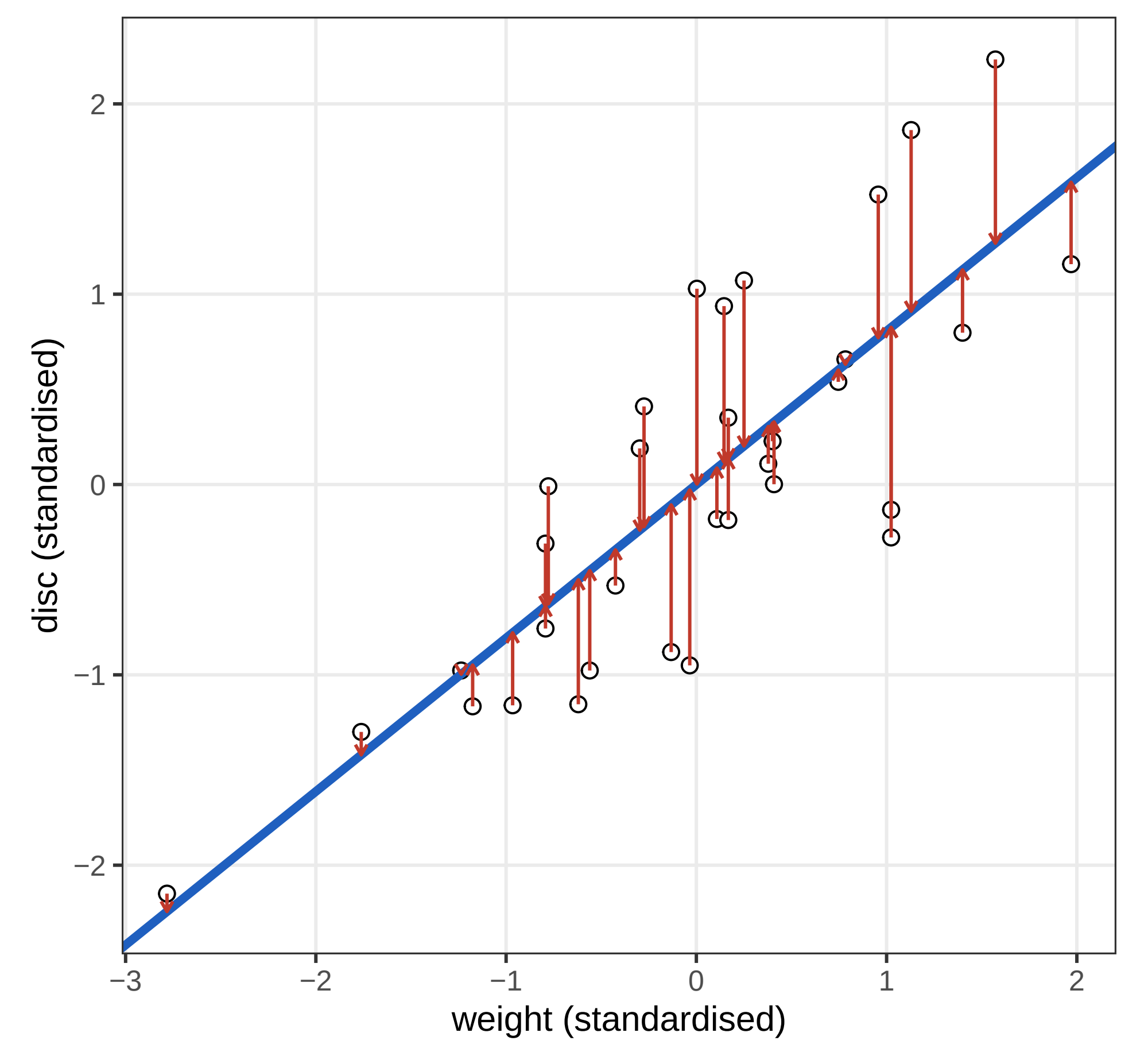

disc (standardised)
weight (standardised)
2
1
0
−1
−2
−3
−2
−1
0
1
2